

Noke Hoffman, MSN, RN

Website: www.NokeHoffman.com

eMail: noke@nokehoffman.com

Phone: 770-778-0678



NOKE'S BIO

Noke Hoffman influences women to permanently escape from the vicious cycle of domestic abuse and guides them to obtain safety, peace, joy, self-love, and personal power through the processes of strengthening their mind, body, spirit, and emotions.

After years of abuse, she made a pivotal, conscious decision to get out and end the relationship, single-handedly applied for a restraining order, represented herself in court, and was awarded a 5 year Restraining Order against her perpetrator!

Refusing to be defeated, Noke quickly pushed through the victim mentally, dissolved her fears, took back control of her life, and took measures to fully heal.

Having successfully overcome the pain, suffering, and the overwhelming process of divorce, Noke transformed and discovered her life's purpose and calling to serve.

Noke holds a Masters degree in Nursing, a Minor in Psychology and Biology. She has leveraged over 2 decades of experience in nursing, corporate IT consulting, self-mastery knowledge, resourcefulness, and wisdom gained from her personal journey to create the **Break Free from Domestic Abuse** coaching system to help women break free from the cycle of abuse, permanently cut the cord, and start living a life on their own terms.

Unlike other coaching programs out there, her unique branded system targets the different pain points surrounding domestic violence and hits it from different angles. It is designed in such a way that it can support the women to achieve the outcome(s) they desire, whether they want help with making the crucial decision to leave, overcome fears, obtain safety & legal protection, permanently cut the cord and sever all ties, or discover ways to heal their pain.

No matter where they are in the recovery process, the **Break Free from Domestic Abuse** coaching system can be tailored to their specific situation.